

Waxa la sameynaayo haddii ay timaad Xaalad Degdeg ah



Liiska Warbixinta



• Is deji

• Raadiyaha ama telefinkka ka dhageyso waxa aad sameynaysid.



• Haddii aad reerkaaga kala fog tihiin, waxaad isku dayaysaa in aad qof saaxib ama qaraabo ah wacdo si ay reerkaaga u heelaan.

• Waxaa ra'yi fiican ah in aad reerkaaga wada qabtaan goob aad ku kulantaan haddii ay timaad xaalad degdeg ah.



• Waxaad raacdaa talooyinka saraakiisha xaaladaha degdegga ee deegaanka ee ku saabsan haddii aad joogaysid meeshaasi ama aad isaga tageyso.

Haad aad ka tageyso:



• Waxaad qaadataa kaararka aqoonsiga, lacagta iyo waraaqaha muhiimka ah.



• Waxaad gashataa dhar maqaarkaaga daboolaya iyo kabo culus.

• Waxaad hore u qaadataa xirmada qalabka degdegga ah, taleefoon moobeyl ah iyo alaabta kale ee aad u baahanayso.



• Xayawaankaaga rabaayadda ah hore u kaxeeyso.



• Haddii lagu faro, waxaad demisaa biyaha iyo korontada inta aadan bixin.

• Quful aqalkaaga



• Waxaad tageysaa halka ay kuu sheegaan saraakiisha xaaladda degdegga ah.

Si aad u heshid macluumaad dheraad ah, waxaad wacdaa qaybta caafimaadka deegaanka ama gobolka.



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