

## **Methamphetamine**

**Also called: Chalk, Crystal, Glass, Ice, Meth, Speed, Tina**

Methamphetamine is a very addictive stimulant drug. It can be smoked, injected, inhaled or taken by mouth.

It has many street names, such as speed, meth, and chalk.

Methamphetamine hydrochloride, the crystal form inhaled by smoking, is referred to as ice, crystal, glass and tina.

Methamphetamine affects the brain and can create feelings of pleasure, increase energy and elevate mood. Abusers may become addicted quickly, needing higher doses more often.

Adverse health effects include irregular heartbeat, increased blood pressure and a variety of psychological problems.

Long-term effects may include severe mental disorders, memory loss and severe dental problems.



Text is public domain by MedlinePlus ([www.medlineplus.gov](http://www.medlineplus.gov)) and National Institute on Drug Abuse. This handout, created by Healthy Roads Media ([www.healthyroadsmedia.org](http://www.healthyroadsmedia.org)), can be freely distributed under the Creative Commons Attribution-NonCommercial-NoDerivs License (<http://creativecommons.org/licenses/by-nc-nd/3.0/us>)

Last reviewed 2009