

## How to Take Coumadin®/Warfarin

Always take your pills as directed. You must take the pills only on the days your doctor tells you to.

The amount of Coumadin®/warfarin each person needs is different. The dose is based on a blood test called the INR (International Normalized Ratio).

The amount of medication you take may change based on the blood test. It needs to be taken at the same time, usually in the evening.



Coumadin®/warfarin can be taken with other medications.

Never skip a dose, and never take a double dose. If you miss a dose, take it as soon as you remember.

If you don't remember until the next day, please call your doctor for instructions. If this happens on a weekend or holiday, skip the missed dose and start again the next day.



Mark the missing dose in a diary. A daily pillbox will help you keep track of your dose.



### Checklist:

Go for blood tests as directed.

Never skip a dose.

Never take a double dose.

Take Coumadin®/warfarin at the same time as directed by your doctor.

Adapted from AHRQ Pub. No. 08-0028 written by Carla Huber, A.R.N.P.,M.S., Cedar Rapids Community Anticoagulation Clinic, Revised August 2008

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