



Introduction to Coumadin (also known as warfarin)

Your doctor has started you on the medication Coumadin® (generic name: warfarin).

Patients who are on Coumadin®/warfarin must be watched closely. You will need to have blood drawn often. You will also need to be careful that you do not do something to hurt yourself and cause bleeding.

Starting on a new medicine, especially one you may have to take for a long period of time, may make you worry.

Your doctor will work with you to keep you healthy and safe while you are taking Coumadin®/warfarin.



Doctors warn against taking Coumadin®/warfarin if you are pregnant or planning to get pregnant. Coumadin®/warfarin may cause birth defects or bleeding

that may harm or even lead to the death of your unborn child.

You can stay healthy even when you have a medical condition that needs special medication. You and your doctor will work together as a team to make sure that

taking a medication like Coumadin®/warfarin does not stop you from living well and safely.



Note: The term "doctor" is used in these materials. However, it can mean doctor, nurse, physician's assistant, nurse practitioner, pharmacist, or other member of your health care team.

Adapted from AHRQ Pub. No. 08-0028 written by Carla Huber, A.R.N.P., M.S., Cedar Rapids Community Anticoagulation Clinic, Revised August 2008

A Healthy Roads Media project
www.healthyroadsmedia.org

Last reviewed 3/2009